

### Uitslag 5 km (5.000 m)

| Plaats | Nr. | Naam                    | Gemeente             | M/V | Looptijd | Snelheid  | Tijd/km |
|--------|-----|-------------------------|----------------------|-----|----------|-----------|---------|
| 1      | 237 | HUYBRECHTS JURGEN       | PUTTE                | M   | 00:16:44 | 17,9 km/h | 03:20   |
| 2      | 310 | VAN DEN BOSSCHE BRIAN   | HERENTALS            | M   | 00:16:57 | 17,7 km/h | 03:23   |
| 3      | 235 | VERHAERT GERRY          | WESTERLO             | M   | 00:17:12 | 17,4 km/h | 03:26   |
| 4      | 369 | NAETS OBRY              | ITEGEM               | M   | 00:17:34 | 17,1 km/h | 03:30   |
| 5      | 252 | DE ROOY ANDY            | GROBBENDONK          | M   | 00:17:50 | 16,8 km/h | 03:34   |
| 6      | 303 | GOMMERS CHRIS           | HERENTHOUT           | M   | 00:17:52 | 16,8 km/h | 03:34   |
| 7      | 508 | STEVENS WIM             | WIEKEVORST           | M   | 00:17:57 | 16,7 km/h | 03:35   |
| 8      | 229 | VERVECKEN JO            | WOLFSDONK            | M   | 00:18:05 | 16,6 km/h | 03:37   |
| 9      | 301 | HENDRICKX STIJN         | BERLAAR              | M   | 00:18:14 | 16,5 km/h | 03:38   |
| 10     | 313 | GEUENS STEFAN           | WESTMEERBEEK         | M   | 00:18:17 | 16,4 km/h | 03:39   |
| 11     | 294 | CERNEELS TOM            | SINT-KATELIJNE-WAVER | M   | 00:18:24 | 16,3 km/h | 03:40   |
| 12     | 236 | GEENS GINO              | MORKHOVEN            | M   | 00:18:28 | 16,2 km/h | 03:41   |
| 13     | 228 | VER ELST JAN            | HERSELT              | M   | 00:18:39 | 16,1 km/h | 03:43   |
| 14     | 247 | MELIS RUDY              | MOL                  | M   | 00:18:43 | 16,0 km/h | 03:44   |
| 15     | 285 | DE VRIES JEFF           | HOUWAART             | M   | 00:18:55 | 15,9 km/h | 03:47   |
| 16     | 226 | LENDERS FRANS           | ITEGEM               | M   | 00:19:07 | 15,7 km/h | 03:49   |
| 17     | 284 | MONSECOUR LIESBETH      | HULSHOUT             | V   | 00:19:09 | 15,7 km/h | 03:49   |
| 18     | 283 | DESMET TOM              | SCHRIEK              | M   | 00:19:11 | 15,6 km/h | 03:50   |
| 19     | 336 | MARIËN BART             | BERLAAR              | M   | 00:19:13 | 15,6 km/h | 03:50   |
| 20     | 502 | VAN DEN BRANDE FILIP    | WIEKEVORST           | M   | 00:19:15 | 15,6 km/h | 03:51   |
| 21     | 300 | VAN DE SANDE TOM        | TURNHOUT             | M   | 00:19:20 | 15,5 km/h | 03:52   |
| 22     | 329 | WOUTERS JORDI           | BEGIJNENDIJK         | M   | 00:19:39 | 15,3 km/h | 03:55   |
| 23     | 367 | RUELENS PETER           | GEEL                 | M   | 00:19:49 | 15,1 km/h | 03:57   |
| 24     | 309 | TURELINCKX MATTHIAS     | HERENTHOUT           | M   | 00:19:52 | 15,1 km/h | 03:58   |
| 25     | 358 | VAN DER HOEVEN JEANNINE | KEERBERGEN           | V   | 00:19:59 | 15,0 km/h | 03:59   |
| 26     | 307 | CEUSTERS GERRY          | GEEL                 | M   | 00:20:01 | 15,0 km/h | 04:00   |
| 27     | 261 | STREMERSCH DANNY        | GROBBENDONK          | M   | 00:20:06 | 14,9 km/h | 04:01   |
| 28     | 318 | BEYNAERTS DIRK          | RAMSEL               | M   | 00:20:07 | 14,9 km/h | 04:01   |
| 29     | 320 | DE RAET KRIS            | HULSHOUT             | M   | 00:20:09 | 14,9 km/h | 04:01   |
| 30     | 510 | DE CEULAER JELLE        | WIEKEVORST           | M   | 00:20:13 | 14,8 km/h | 04:02   |
| 31     | 311 | LIESENBORGS DAJO        | SCHERPENHEUVEL       | M   | 00:20:20 | 14,8 km/h | 04:04   |
| 32     | 216 | VAN LOO ALFONS          | HALLAAR              | M   | 00:20:30 | 14,6 km/h | 04:06   |
| 33     | 504 | VAN DER STEEN JELLE     | WIEKEVORST           | M   | 00:20:31 | 14,6 km/h | 04:06   |
| 34     | 365 | JANSSENS LUKAS          | HEIST-OP-DEN-BERG    | M   | 00:20:33 | 14,6 km/h | 04:06   |
| 35     | 368 | STEENACKERS GERT        | WESTERLO             | M   | 00:20:38 | 14,5 km/h | 04:07   |
| 36     | 327 | RAEYMAEKERS LARS        | HULSHOUT             | M   | 00:20:40 | 14,5 km/h | 04:08   |
| 37     | 357 | STRUYFS HERMAN          | BOUWEL               | M   | 00:20:42 | 14,5 km/h | 04:08   |
| 38     | 251 | AVONDS VINCE            | HEULTJE              | M   | 00:20:44 | 14,5 km/h | 04:08   |
| 39     | 362 | VAN ECCELPOEL PETER     | WESTERLO             | M   | 00:20:48 | 14,4 km/h | 04:09   |
| 40     | 280 | VAN BAE LUC             | BOOISCHOT            | M   | 00:20:53 | 14,4 km/h | 04:10   |
| 41     | 268 | VAN DEN HEUVEL SVEN     | RAMSEL               | M   | 00:20:58 | 14,3 km/h | 04:11   |
| 42     | 275 | HOEFKENS CHRIS          | BOOISCHOT            | M   | 00:21:03 | 14,3 km/h | 04:12   |
| 43     | 334 | HEYLEN BEN              | RILLAAR              | M   | 00:21:09 | 14,2 km/h | 04:13   |
| 44     | 259 | VAN DER AUWERA TIBE     | HEIST-OP-DEN-BERG    | M   | 00:21:11 | 14,2 km/h | 04:14   |
| 45     | 260 | LEEMANS FILIP           | MECHELEN             | M   | 00:21:15 | 14,1 km/h | 04:15   |

| Plaats | Nr. | Naam                  | Gemeente          | M/V | Looptijd | Snelheid  | Tijd/km |
|--------|-----|-----------------------|-------------------|-----|----------|-----------|---------|
| 46     | 264 | SANDERS MILAN         | HALLAAR           | M   | 00:21:19 | 14,1 km/h | 04:15   |
| 47     | 345 | SMOUT YVES            | VORSELAAR         | M   | 00:21:24 | 14,0 km/h | 04:16   |
| 48     | 513 | GOOSSENS RIK          | WIEKEVORST        | M   | 00:21:28 | 14,0 km/h | 04:17   |
| 49     | 290 | BRAEM TOM             | KEERBERGEN        | M   | 00:21:37 | 13,9 km/h | 04:19   |
| 50     | 254 | VERLINDEN WALTER      | HULSHOUT          | M   | 00:21:50 | 13,7 km/h | 04:22   |
| 51     | 500 | CLAESSENS PETER       | WIEKEVORST        | M   | 00:21:58 | 13,7 km/h | 04:23   |
| 52     | 249 | AVONDS KOBE           | HEULTJE           | M   | 00:22:03 | 13,6 km/h | 04:24   |
| 53     | 347 | VANDEN BOSCH RUDY     | HOLSBEEK          | M   | 00:22:04 | 13,6 km/h | 04:24   |
| 54     | 323 | VLEUGELS BART         | ITEGEM            | M   | 00:22:06 | 13,6 km/h | 04:25   |
| 55     | 265 | SANDERS JASPER        | HALLAAR           | M   | 00:22:07 | 13,6 km/h | 04:25   |
| 56     | 516 | VERBEECK ROBIN        | WIEKEVORST        | M   | 00:22:09 | 13,5 km/h | 04:25   |
| 57     | 238 | HUYBRECHTS EDWARD     | PUTTE             | M   | 00:22:11 | 13,5 km/h | 04:26   |
| 58     | 343 | MORREN ROMEE          | HEIST-OP-DEN-BERG | V   | 00:22:12 | 13,5 km/h | 04:26   |
| 59     | 360 | GOYVAERTS NICO        | RAMSEL            | M   | 00:22:24 | 13,4 km/h | 04:28   |
| 60     | 509 | STEVENS TOM           | WIEKEVORST        | M   | 00:22:31 | 13,3 km/h | 04:30   |
| 61     | 346 | SIJMUS WILLY          | KEERBERGEN        | M   | 00:22:33 | 13,3 km/h | 04:30   |
| 62     | 342 | VAN DE SANDE GIEL     | RAMSEL            | M   | 00:22:34 | 13,3 km/h | 04:30   |
| 63     | 281 | VAN DYCK MICHEL       | HEIST-OP-DEN-BERG | M   | 00:22:36 | 13,3 km/h | 04:31   |
| 64     | 363 | MICHIELS SANDER       | OVERIJSE          | M   | 00:22:37 | 13,3 km/h | 04:31   |
| 65     | 372 | VAN DESSEL GEERT      | AARSCHOT          | M   | 00:22:38 | 13,3 km/h | 04:31   |
| 66     | 330 | RENIERS GUIDO         | TIELT-WINGE       | M   | 00:22:40 | 13,2 km/h | 04:32   |
| 67     | 317 | SCHRIJVERS MIKE       | HERENTALS         | M   | 00:22:42 | 13,2 km/h | 04:32   |
| 68     | 316 | SCHRIJVERS JEF        | HERENTALS         | M   | 00:22:44 | 13,2 km/h | 04:32   |
| 69     | 366 | CRETS PAUL            | RAMSEL            | M   | 00:22:45 | 13,2 km/h | 04:33   |
| 70     | 376 | LEYSEN ROBIN          | HERENTALS         | M   | 00:23:05 | 13,0 km/h | 04:37   |
| 71     | 521 | WILLEMS SEPPE         | WIEKEVORST        | M   | 00:23:21 | 12,8 km/h | 04:40   |
| 72     | 315 | STICKERS TOM          | HERSELT           | M   | 00:23:22 | 12,8 km/h | 04:40   |
| 73     | 266 | DOCKX LIESJE          | HULSHOUT          | V   | 00:23:26 | 12,8 km/h | 04:41   |
| 74     | 503 | VAN LOY KEVIN         | WIEKEVORST        | M   | 00:23:39 | 12,7 km/h | 04:43   |
| 75     | 292 | COPMANS SOPHIE        | VORSELAAR         | V   | 00:23:43 | 12,6 km/h | 04:44   |
| 76     | 364 | VAN EYNDE LIES        | HEIST-OP-DEN-BERG | V   | 00:23:45 | 12,6 km/h | 04:45   |
| 77     | 351 | VAN DEN BERG PAUL     | DUFFEL            | M   | 00:23:52 | 12,6 km/h | 04:46   |
| 78     | 209 | TORFS BENNY           | ITEGEM            | M   | 00:23:57 | 12,5 km/h | 04:47   |
| 79     | 328 | RAEYMAEKERS RONALD    | HULSHOUT          | M   | 00:24:00 | 12,5 km/h | 04:48   |
| 80     | 262 | VERSWEVELD ROBIN      | VEERLE            | M   | 00:24:01 | 12,5 km/h | 04:48   |
| 81     | 250 | AVONDS TOM            | HEULTJE           | M   | 00:24:03 | 12,5 km/h | 04:48   |
| 82     | 321 | VAN DIJCK OLIVIER     | HERENTALS         | M   | 00:24:05 | 12,5 km/h | 04:49   |
| 83     | 371 | VLEMINX JAN           | RAMSEL            | M   | 00:24:17 | 12,4 km/h | 04:51   |
| 84     | 512 | VAN DER STEEN JO      | WIEKEVORST        | M   | 00:24:19 | 12,3 km/h | 04:51   |
| 85     | 319 | DE VRIES ERIC         | PIJPELHEIDE       | M   | 00:24:20 | 12,3 km/h | 04:52   |
| 86     | 515 | VAN RAEMDONCK MICHAEL | WIEKEVORST        | M   | 00:24:22 | 12,3 km/h | 04:52   |
| 87     | 332 | VAN DE VELDE BRAM     | RAMSEL            | M   | 00:24:28 | 12,3 km/h | 04:53   |
| 88     | 517 | PEETERS BERT          | WIEKEVORST        | M   | 00:24:33 | 12,2 km/h | 04:54   |
| 89     | 305 | VERMAELEN JOHAN       | HOLSBEEK          | M   | 00:24:35 | 12,2 km/h | 04:55   |
| 90     | 232 | LAUWERYS NORBERT      | BORSBEEK          | M   | 00:24:40 | 12,2 km/h | 04:56   |
| 91     | 291 | EESTERMANS LEO        | BERLAAR           | M   | 00:24:44 | 12,1 km/h | 04:56   |
| 92     | 278 | VERHAEGEN ILSE        | BOOISCHOT         | V   | 00:24:46 | 12,1 km/h | 04:57   |
| 93     | 244 | SCHREUDER DIDIER      | MOL               | M   | 00:24:47 | 12,1 km/h | 04:57   |
| 94     | 520 | DECKERS WILL          | WIEKEVORST        | M   | 00:24:49 | 12,1 km/h | 04:57   |
| 95     | 501 | GEENS NIKKI           | WIEKEVORST        | V   | 00:24:53 | 12,1 km/h | 04:58   |
| 96     | 213 | GORIS MARC            | VORSELAAR         | M   | 00:24:54 | 12,0 km/h | 04:58   |
| 97     | 370 | ABRAMS GUY            | DEN HAAG (NL)     | M   | 00:25:05 | 12,0 km/h | 05:01   |

| Plaats | Nr. | Naam                       | Gemeente          | M/V | Looptijd | Snelheid  | Tijd/km |
|--------|-----|----------------------------|-------------------|-----|----------|-----------|---------|
| 98     | 304 | WIJNS PASCAL               | HEIST-OP-DEN-BERG | M   | 00:25:17 | 11,9 km/h | 05:03   |
| 99     | 361 | LUYCKX JOKE                | HAACHT            | V   | 00:25:20 | 11,8 km/h | 05:04   |
| 100    | 277 | VERBIEST BART              | NOORDERWIJK       | M   | 00:25:25 | 11,8 km/h | 05:05   |
| 101    | 219 | GOOVAERTS CAROLINE         | HEIST-OP-DEN-BERG | V   | 00:25:35 | 11,7 km/h | 05:07   |
| 102    | 296 | VAN DEN DRIES KATRIEN      | BERLAAR           | V   | 00:25:41 | 11,7 km/h | 05:08   |
| 103    | 298 | VAN DIJCK FROUKE           | WIEKEVORST        | V   | 00:25:41 | 11,7 km/h | 05:08   |
| 104    | 217 | CUMPS ELS                  | HALLAAR           | V   | 00:25:49 | 11,6 km/h | 05:09   |
| 105    | 349 | POFFÉ LUDWIG               | ZELEM             | M   | 00:25:50 | 11,6 km/h | 05:10   |
| 106    | 282 | VAN HOOF SONJA             | HERENTHOUT        | V   | 00:25:57 | 11,6 km/h | 05:11   |
| 107    | 340 | WITVROUWEN GERRY           | HULSHOUT          | M   | 00:25:59 | 11,5 km/h | 05:11   |
| 108    | 339 | VAN DER MOTTE ANNELIES     | HOUWAART          | V   | 00:26:00 | 11,5 km/h | 05:12   |
| 109    | 356 | BERGHMANS PATRICK          | HULSHOUT          | M   | 00:26:01 | 11,5 km/h | 05:12   |
| 110    | 293 | DE BAL LARS                | HERSELT           | M   | 00:26:05 | 11,5 km/h | 05:13   |
| 111    | 289 | UYTTERHOEVEN PETER         | TREMELO           | M   | 00:26:09 | 11,5 km/h | 05:13   |
| 112    | 511 | VAN DER STEEN AXANDRE      | WIEKEVORST        | M   | 00:26:16 | 11,4 km/h | 05:15   |
| 113    | 212 | GOOVAERTS STELLA           | RAMSEL            | V   | 00:26:21 | 11,4 km/h | 05:16   |
| 114    | 326 | RAEYMAEKERS JENTE          | HULSHOUT          | V   | 00:26:38 | 11,3 km/h | 05:19   |
| 115    | 507 | LEMMENS JAN                | WIEKEVORST        | M   | 00:26:52 | 11,2 km/h | 05:22   |
| 116    | 202 | SCHEPERS GEERT             | BOOISCHOT         | M   | 00:26:55 | 11,1 km/h | 05:23   |
| 117    | 514 | VAN RAEMDONCK STEVEN       | WIEKEVORST        | M   | 00:26:59 | 11,1 km/h | 05:23   |
| 118    | 373 | DUPONT JOHAN               | HALLAAR           | M   | 00:27:04 | 11,1 km/h | 05:24   |
| 119    | 299 | VANCAMPENHOUT GUY          | VORSELAAR         | M   | 00:27:09 | 11,0 km/h | 05:25   |
| 120    | 210 | VAN DE PUTTE ERIC          | HEIST-OP-DEN-BERG | M   | 00:27:14 | 11,0 km/h | 05:26   |
| 121    | 286 | VETTERS DIANA              | HULSHOUT          | V   | 00:27:20 | 11,0 km/h | 05:28   |
| 122    | 359 | DE MEES MARC               | RIJMENAM          | M   | 00:27:21 | 11,0 km/h | 05:28   |
| 123    | 324 | VANDINGENEN KENNETH        | HERSELT           | M   | 00:27:23 | 11,0 km/h | 05:28   |
| 124    | 352 | GORIS CAROLINE             | BETEKOM           | V   | 00:27:25 | 10,9 km/h | 05:29   |
| 125    | 306 | STEENWINCKELS BENNY        | HULSHOUT          | M   | 00:27:27 | 10,9 km/h | 05:29   |
| 126    | 218 | MARIEN LIEVEN              | PUTTE             | M   | 00:27:33 | 10,9 km/h | 05:30   |
| 127    | 231 | VERVEST MARC               | PULDERBOS         | M   | 00:27:41 | 10,8 km/h | 05:32   |
| 128    | 276 | VAN DEN BERGH ALEX         | HEIST-OP-DEN-BERG | M   | 00:27:43 | 10,8 km/h | 05:32   |
| 129    | 257 | SEVENANTS HENRI            | TESSENDERLO       | M   | 00:27:55 | 10,7 km/h | 05:35   |
| 130    | 205 | VERSCHOREN SARAH           | RAMSEL            | V   | 00:27:58 | 10,7 km/h | 05:35   |
| 131    | 211 | OP DE BEECK STIJN          | RAMSEL            | M   | 00:28:00 | 10,7 km/h | 05:36   |
| 132    | 272 | TUERLINCKX JEAN-LUC        | SCHERPENHEUVEL    | M   | 00:28:06 | 10,7 km/h | 05:37   |
| 133    | 341 | ENTHOVEN HANS              | WILRIJK           | M   | 00:28:12 | 10,6 km/h | 05:38   |
| 134    | 201 | RINGOOT DANNY              | HALLAAR           | M   | 00:28:18 | 10,6 km/h | 05:39   |
| 135    | 354 | BRANT PETRA                | HEIST-OP-DEN-BERG | V   | 00:28:19 | 10,6 km/h | 05:39   |
| 136    | 355 | MATTEO MATTEO              | HEIST-OP-DEN-BERG | M   | 00:28:26 | 10,6 km/h | 05:41   |
| 137    | 353 | DE WEERDT KRISTOF          | HEIST-OP-DEN-BERG | M   | 00:28:38 | 10,5 km/h | 05:43   |
| 138    | 331 | VAN OTTEN PEGGY            | RAMSEL            | V   | 00:28:42 | 10,5 km/h | 05:44   |
| 139    | 221 | DE VRIES DEBBY             | HULSHOUT          | V   | 00:28:48 | 10,4 km/h | 05:45   |
| 140    | 241 | AERTS WILLY                | HEIST-OP-DEN-BERG | M   | 00:28:49 | 10,4 km/h | 05:45   |
| 141    | 245 | LUYTEN GUIDO               | LAAKDAL           | M   | 00:28:52 | 10,4 km/h | 05:46   |
| 142    | 242 | VAN DER AUWERMEULEN NICOLE | PUTTE             | V   | 00:28:58 | 10,4 km/h | 05:47   |
| 143    | 246 | HENDRICKX ARLETTE          | HALLAAR           | V   | 00:29:00 | 10,3 km/h | 05:48   |
| 144    | 270 | DELMOTTE MARINA            | BOUWEL            | V   | 00:29:02 | 10,3 km/h | 05:48   |
| 145    | 248 | CEULEMANS GEERT            | BERLAAR           | M   | 00:29:10 | 10,3 km/h | 05:50   |
| 146    | 269 | DE REYCK ANNEMIE           | HERENTHOUT        | V   | 00:29:14 | 10,3 km/h | 05:50   |
| 147    | 506 | EGGERS PEGGY               | WIEKEVORST        | V   | 00:29:15 | 10,3 km/h | 05:51   |
| 148    | 505 | VAN HOOF JULIA             | WIEKEVORST        | V   | 00:29:17 | 10,2 km/h | 05:51   |
| 149    | 322 | BUTS ANN                   | ITEGEM            | V   | 00:29:19 | 10,2 km/h | 05:51   |

| Plaats | Nr. | Naam                 | Gemeente          | M/V | Looptijd | Snelheid  | Tijd/km |
|--------|-----|----------------------|-------------------|-----|----------|-----------|---------|
| 150    | 223 | VAN LIER STEPHANE    | TREMELO           | M   | 00:29:21 | 10,2 km/h | 05:52   |
| 151    | 279 | GLASSÉE LOUIS        | HERENTHOUT        | M   | 00:29:35 | 10,1 km/h | 05:55   |
| 152    | 200 | SALAERTS JULES       | ITEGEM            | M   | 00:29:39 | 10,1 km/h | 05:55   |
| 153    | 239 | GOOSSENS FRANS       | WESTERLO          | M   | 00:30:06 | 10,0 km/h | 06:01   |
| 154    | 312 | DE MAEGHT JAN        | LANGDORP          | M   | 00:30:14 | 9,9 km/h  | 06:02   |
| 155    | 240 | VAN DE WATER GEERT   | PUTTE             | M   | 00:30:17 | 9,9 km/h  | 06:03   |
| 156    | 256 | VERLINDEN LOUIS      | NOORDERWIJK       | M   | 00:30:27 | 9,9 km/h  | 06:05   |
| 157    | 222 | HAINÉ MARIE-JOSE     | HEUSDEN-ZOLDER    | V   | 00:30:28 | 9,8 km/h  | 06:05   |
| 158    | 274 | BOECKX MICHAEL       | RAMSEL            | M   | 00:30:48 | 9,7 km/h  | 06:09   |
| 159    | 348 | LIEKENS KATELIJN     | BEERZEL           | V   | 00:31:08 | 9,6 km/h  | 06:13   |
| 160    | 297 | VERSCHURE CORNELIS   | HULSHOUT          | M   | 00:31:15 | 9,6 km/h  | 06:15   |
| 161    | 350 | ROEFS RENILD         | BEERSE            | V   | 00:31:19 | 9,6 km/h  | 06:15   |
| 162    | 233 | MERTENS NICOLLE      | ITEGEM            | V   | 00:31:42 | 9,5 km/h  | 06:20   |
| 163    | 333 | VAN OTTEN HILDE      | RAMSEL            | V   | 00:32:00 | 9,4 km/h  | 06:24   |
| 164    | 377 | NICACY RUDDY         | WESTERLO          | M   | 00:32:04 | 9,4 km/h  | 06:24   |
| 165    | 337 | DE BIE ELLEN         | HEIST-OP-DEN-BERG | V   | 00:32:05 | 9,4 km/h  | 06:25   |
| 166    | 338 | WAUTERS LINSKE       | HEIST-OP-DEN-BERG | V   | 00:32:06 | 9,3 km/h  | 06:25   |
| 167    | 288 | OP DE BEECK SUZANNE  | TREMELO           | V   | 00:32:21 | 9,3 km/h  | 06:28   |
| 168    | 230 | SLUYTS RUDY          | HERENTHOUT        | M   | 00:32:23 | 9,3 km/h  | 06:28   |
| 169    | 204 | COOTMANS JOSEPHINE   | HALLAAR           | V   | 00:32:25 | 9,3 km/h  | 06:29   |
| 170    | 234 | VERMAELEN FABIOLA    | LANGDORP          | V   | 00:32:29 | 9,2 km/h  | 06:29   |
| 171    | 302 | VERLINDEN ROSE-MARIE | VORSELAAR         | V   | 00:32:42 | 9,2 km/h  | 06:32   |
| 172    | 314 | TORFS WILLY          | BERLAAR           | M   | 00:32:43 | 9,2 km/h  | 06:32   |
| 173    | 214 | GIELIS ELLEN         | WESTERLO          | V   | 00:32:45 | 9,2 km/h  | 06:33   |
| 174    | 263 | JANS LISETTE         | OEVEL             | V   | 00:33:37 | 8,9 km/h  | 06:43   |
| 175    | 287 | HEYLEN JOS           | OEVEL             | M   | 00:33:39 | 8,9 km/h  | 06:43   |
| 176    | 215 | RYMENANTS EDDY       | BEERZEL           | M   | 00:33:44 | 8,9 km/h  | 06:44   |
| 177    | 273 | HOLEMANS PAUL        | WEZEMAAL          | M   | 00:33:46 | 8,9 km/h  | 06:45   |
| 178    | 374 | VERMEIREN KAROLIEN   | NOORDERWIJK       | V   | 00:34:00 | 8,8 km/h  | 06:48   |
| 179    | 375 | ENGELS MICHELLE      | MORKHOVEN         | V   | 00:34:04 | 8,8 km/h  | 06:48   |
| 180    | 325 | VERBEECK MARTE       | NIJLEN            | V   | 00:34:23 | 8,7 km/h  | 06:52   |
| 181    | 255 | PLUYS MARIETTE       | BERLAAR           | V   | 00:35:10 | 8,5 km/h  | 07:02   |
| 182    | 208 | MAES WENDY           | ITEGEM            | V   | 00:35:17 | 8,5 km/h  | 07:03   |
| 183    | 220 | VAN LOO LAURANNE     | HALLAAR           | V   | 00:35:19 | 8,5 km/h  | 07:03   |
| 184    | 224 | FAES FRANS           | HEIST-OP-DEN-BERG | M   | 00:35:20 | 8,5 km/h  | 07:04   |
| 185    | 207 | HUYBRECHTS FREDDY    | HEIST-OP-DEN-BERG | M   | 00:35:27 | 8,5 km/h  | 07:05   |
| 186    | 225 | ROOTHOFT CHRISTIANE  | HEIST-OP-DEN-BERG | V   | 00:35:29 | 8,5 km/h  | 07:05   |
| 187    | 335 | VAN LOOCK CHRIS      | VORSELAAR         | V   | 00:36:23 | 8,2 km/h  | 07:16   |
| 188    | 295 | VAN HOOFF JEAN       | MOL               | M   | 00:36:24 | 8,2 km/h  | 07:16   |
| 189    | 519 | HOEFKENS KATRIEN     | WIEKEVORST        | V   | 00:36:41 | 8,2 km/h  | 07:20   |
| 190    | 518 | WILMS SANDY          | WIEKEVORST        | V   | 00:36:42 | 8,2 km/h  | 07:20   |
| 191    | 253 | POULISSEN LAURA      | LILLE             | V   | 00:38:12 | 7,9 km/h  | 07:38   |
| 192    | 206 | VERSCHOREN MARLEEN   | HULSHOUT          | V   | 00:38:53 | 7,7 km/h  | 07:46   |
| 193    | 243 | BIESMANS LISETTE     | HAM               | V   | 00:39:31 | 7,6 km/h  | 07:54   |
| 194    | 258 | JACOBS NANCY         | LILLE             | V   | 00:39:35 | 7,6 km/h  | 07:55   |
| 195    | 267 | MANNAERTS TINY       | VORSELAAR         | V   | 00:39:40 | 7,6 km/h  | 07:56   |
| 196    | 271 | STOCKAER JOYCE       | VORSELAAR         | V   | 00:39:41 | 7,6 km/h  | 07:56   |
| 197    | 308 | TAELS ALFONS         | GEEL              | M   | 00:40:07 | 7,5 km/h  | 08:01   |
| 198    | 344 | DE SWERT ILSE        | GROBBENDONK       | V   | 00:40:08 | 7,5 km/h  | 08:01   |
| 199    | 227 | BELIËN FRANS         | TESSENDERLO       | M   | 00:45:44 | 6,6 km/h  | 09:08   |
| 200    | 203 | VAN DEN EYNDE LIEVE  | HEIST-OP-DEN-BERG | V   | Opgave   |           |         |